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## **Hurt?**

When you hurt your neighbor  
you hurt yourself  
And then you wonder  
why? why? You hurt?

Who are you?  
Who am I?

I am the universe and the universe am I  
You are I and I am you  
We are one we are Love  
You and I are just a role

Like the waves on the ocean  
separated by illusion of identity  
we share a common body  
it is called our soul

Honor it by being you  
and no more black holes

Your heart will stop screaming  
you can finally listen to its voice

your dreams will come true  
Love or fear a simple choice

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